

Sangamon County Mental Health Recovery Court



Participant Handbook

Revised December 2021

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Sangamon County Mental Health Recovery Court

Mission Statement

The mission of the Sangamon County Mental Health Recovery Court is to improve public safety, reduce recidivism, and offer cost effective alternatives to incarceration and hospitalization, while promoting mental health and self-sufficiency among offenders with mental illness through a collaborative community-based approach.



Welcome to the Sangamon County Mental Health Recovery Court Program

The Sangamon County Mental Health Recovery Court has been designed to serve individuals who are suffering from mental health illness and are currently involved in the criminal justice system. As you enter and engage in this voluntary and intensively-supervised treatment program, you will need to be open-minded, willing, and motivated to change your lifestyle in order to succeed. If you do so, you will have the opportunity to become a productive and crime-free member of both your family and your community as a whole. It is our hope that this handbook will help answer many of your questions regarding the program. Please remember that throughout your time in the program, any additional questions should be directed to the Mental Health Recovery Court team. It will be your responsibility to be sure that you understand and comply with all of the rules of the Sangamon County Mental Health Recovery Court Program.

Attitude

Please remember that the most important aspect in your recovery is your attitude and commitment to change. The Sangamon County Mental Health Recovery Court is designed to help you succeed, but the most important person is you! You must be committed and willing to change your current lifestyle. This change is all about your willingness to undertake the hard work that will make this effort successful. You must be serious about wanting to change your life. The Sangamon County Mental Health Recovery Court is here to assist you, but you must be committed to making lifestyle changes. Your attitude and effort will determine how successful you will be.

Responsibility and Accountability

Responsibility and accountability are two of the most important elements of Sangamon County Mental Health Recovery Court. You will be responsible for adhering to all rules of Sangamon County Mental Health Recovery Court and are accountable for your actions. You must meet with Recovery Court staff as required, keep all other appointments and appear in Court.

Honesty

Honesty is a very important factor in recovery. Attempts to hide or distort the truth about any matter will be brought to the Sangamon County Mental Health Recovery Court Judge's attention. It is most important that you immediately report any issues and/or the use of alcohol and/or other drugs (including prescription or over the counter medications) to the Sangamon County Mental Health Recovery Court staff. The use of alcohol or any substance for which you do not have an approved prescription will be brought to the attention of the Recovery Court Judge. The Sangamon County Mental Health Recovery Court Judge determines what sanctions will be given for any violation of the rules of Sangamon County Mental Health Recovery Court.

Sangamon County Mental Health Recovery Court participants are required to notify their probation officer whenever medication is prescribed or over the counter drugs are recommended.

General Information

The Sangamon County Mental Health Recovery Court is a specialty court designed to assist Sangamon County residents who are facing non-violent criminal charges and also struggle with addiction. It brings together a collaborative effort of professionals from the criminal justice system as well as various community organizations to assist its' participants. The team members have committed to a non-adversarial approach and will put their efforts toward the common goal of seeing you successfully complete the program. The program is a minimum 15-month voluntary commitment for you and the Mental Health Recovery Court Team that is designed to help you successfully address the issues that have brought you here. This program is intensive and will require that you attend frequent court proceedings, probation appointments, treatment groups, community support meetings, cognitive behavioral programming, and any other services deemed necessary by our team. You will also be subject to frequent random drug testing throughout your time in the program. Your progress in the program will be closely monitored by the Mental Health Recovery Court Team, which includes stakeholders from the State's Attorney's Office, Public

Defender's Office, Circuit Court Judge, Probation and Court Services, various treatment providers, and other community organizations.

Who can participate in Sangamon County Mental Health Recovery Court?

You must be a Sangamon County resident at least 18 years of age in order to enter Sangamon County Mental Health Recovery Court and you will need to remain a resident throughout your time in the program. Sangamon County Mental Health Recovery Court is available to both felony and misdemeanor cases. The Sangamon County Mental Health Recovery Court program is not available for some violent offense. You must have an identified mental health issue to be eligible for the program. Again, this program is voluntary, so you must demonstrate a willingness to participate in the program.

How can I enter the Sangamon County Mental Health Recovery Court program?

All candidates will be screened prior to admission into the program as there are limited resources available. The referral process can be initiated by yourself, your defense attorney, prosecutor, counselor, or probation officer. Referral forms are available in the Sangamon County Courthouse located at 200 South 9th Springfield IL, in the following locations; Sangamon County Probation and Court Services Office, Room 308; the Sangamon County States Attorney Office, Room 402; Sangamon County Public Defender's Office, Room 301 B or online at <http://co.sangamon.il.us> under the Probation and Court Services' website. While no one has a "right" to be admitted to Sangamon County Mental Health Recovery Court anyone can submit a request to be considered for Mental Health Recovery Court. Completed referral forms can be submitted to Sangamon County Probation and Court Services or the State's Attorney's Office or to the representing Attorney. Once your referral is received, a criminal background check will be conducted to determine your eligibility for the program. If determined to be eligible, your Attorney will then review the Consent to Participate and a Consent to Release Information with you. Once these are signed the Behavioral Specialist then complete the Adult Risk Assessment (ARA), the Mental Health Screen III, the TCU Drug Screen and administer a PHQ9. These assessments along with any external reports received will be complete the assessment. Based upon all the information gathered, the team will then staff your referral for a final decision as to whether or not you will be admitted to the program. If you are accepted to the program, you will then be set a court date at which you will be placed in the Sangamon County Mental Health Recovery Court. You will then be subject to all rules/regulations of the program as listed on your probation order, Mental Health Recovery Court addendum, and this handbook.

When you enter the Mental Health Recovery Court program you will work with your probation officer to develop an individualized case management plan to set goals and objectives. Your probation officer will provide a copy of your case management plan. You will also work with your treatment provider to develop a clinical treatment plan that will define the scope of treatment services designed to best meet your needs.

Participants' ability to pay is not a factor in any decisions regarding eligibility for the Mental Health Recovery Court program, phase advancement or graduation.

If you are not recommended for Mental Health Recovery Court, or you choose to not sign the Consent to Participate, your case will be referred back the State's Attorney for general court processing. The State's Attorney shall delete or destroy all of participant's confidential information that was disseminated in conjunction with participants' referral to Drug Court.

Medication Assisted Treatment (MAT)

The Sangamon County Mental Health Recovery Court fully supports and encourages the use MAT's. At the time of assessment the Behavioral Health Specialist will identify those who would be likely candidates for MAT. If the individual is incarcerated at the time they will be screened by the treatment provider in the jail and may start the MAT prior to release. If the individual is not currently incarcerated a referral to the treatment provider will be made.

Statement of Nondiscrimination

The Sangamon County Mental Health Recovery Court prohibits discrimination against participants, and those seeking to participate, on a basis of race, nationality, age, disability, sex, gender identity, religion, socio-economic status, marital status or sexual orientation. Participants' ability to pay is not a factor in any decisions regarding eligibility for the Mental Health Recovery Court program, phase advancement or graduation. To ensure equal access to the program and services a court appointed certified interpreter can be designated upon request, including language assistance. These services will be arranged through the 7th Judicial Circuit Trial Court Administrator who is the designated Court Disability Coordinator.

Understanding Probation

Probation is perhaps one of the most misunderstood/abused privileges in the criminal justice system. While you are on Mental Health Recovery Court probation, it is important for you to understand the following:

Probation is a Privilege

Individual do not have a "right" to be placed on probation. It is instead a privilege given to you by the Court instead of serving your sentence in prison. Just like any other privilege, if you violate the terms of probation, it will no longer be available to you and you will face additional consequences such as prison.

Probation is a Conditional Liberty

Probation is granted by the Court as an alternative to removing your freedom and liberty. However, both freedom and liberty are conditional, meaning that those rely on your compliance with the

conditions of probation. You have still been convicted of a criminal offense, but by being sentenced to a term of probation, you are allowed the opportunity to serve a sentence outside the confines of a jail facility. So, just as there are rules in a jail facility, there are rules on probation that you are expected to follow.

Probation is a Contract

If you have not done so already, you will be expected to read, agree to, and sign your conditions of probation. Just as any other contract, which means that you pledge to comply with the terms of the contract and in return, the Court pledges to offer you a variety of services and interventions to help you be successful. If you keep up your end of the contract by complying with the conditions of probation, then you will not have to go to prison. If not, then the “deal is off”, so to speak, and you will face further consequences which could include prison.

Take Probation Seriously

If you appreciate, enjoy, and wish to keep your freedom and liberty, please take probation seriously. This is an opportunity to change your life and move forward in a positive direction. If you violate your probation, the consequences to you are quite serious. Please be sure to ask questions of your attorney or probation officer if there’s anything you don’t understand about probation.

The Sangamon County Mental Health Recovery Court Team

The Mental Health Recovery Court Team consists of the following group of members who are committed to assisting you succeed.

Judge:

The Judge acts as the lead partner in the Mental Health Recovery Court process. As the lead, the Judge shall have experience and/or training in criminal law, behavioral health, confidentiality, ethics, evidenced based practices, substance use/abuse mental illness and co-occurring disorders. The Judge participates in all Mental Health Recovery Court staffing’s and presides over the court proceedings. The Judge administers effective sanctions, incentives and therapeutic adjustments. The Judge is a spokesperson to the community advocating Mental Health Recovery Court and support for the program.

State’s Attorney: Sangamon County State’s Attorney

The State’s Attorney is a full member of the Mental Health Recovery Court team. The State’s Attorney participates in the weekly Mental Health Recovery Court staffing and court hearings, operating in a non-adversarial manner. The State’s Attorney advocates for effective sanctions, incentives and therapeutic adjustments while ensuring community safety. The State’s Attorney is a spokesperson to the community advocating Mental Health Recovery Court and support for the program.

Public Defender: Sangamon County Public Defender

The Public Defender is a full member of the Mental Health Recovery court team. The Public Defender monitors the entry process. The Public Defender participates in the weekly Mental Health Recovery Court staffing and court hearings, operating in a non-adversarial manner. The Public Defender advocates for effective sanctions, incentives and therapeutic adjustments while ensuring the offender's legal rights are protected. The Public Defender is a spokesperson to the community advocating Mental Health Recovery Court and support for the program.

Problem Solving Court Coordinator: Sangamon County Probation and Court Services

The Problem Solving Court Coordinator provides multiple functions for the Mental Health Recovery Court. In fulfilling this responsibility the duties are varied and include, but are not limited to, the following:

- Assist in the planning and implementation of the day-to-day activities of the adult Mental Health Recovery Court
- Maintains cooperative relationships with treatment agencies, community organizations and other involved partners
- Promotes team integrity
- Develops community resources
- Collects data/statistics
- Assists the Mental Health Recovery Court Team with community presentations
- Attends weekly Mental Health Recovery Court staffing and hearings with the Recovery Court Team.
- Advocates for effective sanctions, incentives and therapeutic adjustments.
- Maintains cooperative relationship with treatment providers and other involved parties and attends weekly meetings with treatment providers to review each participant's progress in treatment.
- Actively participates in national, state and local training to maintain current best practices and standards.

Mental Health Recovery Court Probation Officer: Sangamon County Probation and Court Services

The Mental Health Recovery Court Probation Officer is a full member of the Mental Health Recovery Court Team. The Mental Health Recovery Court Probation Officer participates in the weekly Recovery Court staffing by reporting participant's progress. The Mental Health Recovery Court Probation Officer advocates for effective sanctions, incentives and therapeutic adjustments based upon the day-to-day knowledge of the Mental Health Recovery Court participant. The Recovery Court Probation Officer is a spokesperson to the community advocating Mental Health Recovery Court and support for the program.

- Monitors and identifies participants for random urine testing

- Screens potential Mental Health Recovery Court participants to determine eligibility and interest, conducts initial intake interviews, explains program requirements and conducts regular home visits.
- Completes risk/needs assessment to determine risk of re-offending and prioritization of needs for each participant.
- Develops and regularly updates an individualized supervision plan addressing the needs of the participant and the risk to the community.
- Conducts weekly office visits, home visits and documents information in case notes, maintaining an accurate and informative chronological case history.
- Monitors participant compliance with Mental Health Recovery Court rules in accordance with the program standards and phases and documents compliance or noncompliance in case notes.
- Maintains cooperative relationship with treatment providers and other involved parties and attends weekly meetings with treatment providers to review each participant's progress in treatment.
- Attends weekly Mental Health Recovery Court staffing with the Mental Health Recovery Court Team and reports on the status of each Mental Health Recovery Court participant, recommending incentives, therapeutic adjustments and sanctions.
- Attends weekly Mental Health Recovery Court hearings.

Behavioral Health Specialist: Sangamon County Probation and Court Services

The Behavioral Health Specialist is a full member of the Mental Health Recovery Court Team. The Behavioral Health Specialist has the responsibility to provide comprehensive assessments and ongoing consultation/support for the participants. The Behavioral Health Specialist participates in the weekly Recovery Court staffing by reviewing participant's progress. Attends weekly court hearings. The Behavioral Health Specialist advocates for effective incentives, sanctions and therapeutic adjustments based upon the day-to-day knowledge of the Recovery Court participant. The Behavioral Health Specialist is a spokesperson to the community advocating Recovery Court and support for the program.

Law Enforcement: Springfield Police Department

Law Enforcement is a full member of the Mental Health Recovery Court Team and attends the weekly Mental Health Recovery Court staffing. Law Enforcement acts as a liaison to other law enforcement agencies. Law enforcement will assist with home visits as needed, process/ serve warrants on Mental Health Recovery Court participants, and assists with identification of potential Mental Health Recovery Court participants. Law Enforcement participates in weekly staffing and court hearings, by reporting on participant's activities in the community and advocates for effective sanctions, incentives and therapeutic adjustments. The Law Enforcement officer is a spokesperson to the community advocating Mental Health Recovery Court and support for the program.

Mental Health Treatment Provider: Memorial Behavioral Health

The Mental Health Treatment Provider is a full member of the Mental Health Recovery Court Team and attends weekly Recovery Court staffing. The Mental Health Treatment Provider who is licensed by the Illinois Department of Mental Health conducts an assessment for participants as needed. The Mental Health Treatment Provider develops and keeps an updated individual treatment plan for participants. The Mental Health Treatment Provider participates in weekly staffing and court hearings, by reporting on treatment progress. The Mental Health Treatment provider advocates for effective sanctions, incentives and therapeutic adjustments based upon the day to day knowledge of the Mental Health Recovery Court participant. Treatment providers are spokespeople to the community advocating Mental Health Recovery Court and support for the program.

Confidentiality

A waiver of confidentiality (authorization for release of information) and consent for participation is required for participation in the Mental Health Recovery Court program. Once signed, this consent may be revoked; however you would no longer be able to participate in the Mental Health Recovery Court program.

The Sangamon County Mental Health Recovery Court adheres to HIPAA Privacy and Security Policies and Procedure. All parties involved in the Sangamon County Mental Health Recovery Court agreement will abide by applicable confidentiality regulations, including, but not limited to, Federal Regulations of Confidentiality 42 CFR Part 2, 45 CFR Parts 160 and 164 and any applicable Illinois State Laws 740 ILCS 110/5 which relate to the confidentiality of mental health, alcohol and drug abuse client records.

The Sangamon County Mental Health Recovery Court team shall comply with confidentiality requirements to prevent the unauthorized disclosure or redisclosure of information regarding participants. Documents such as: case management plans, clinical treatment plans, treatment reports, drug test results, assessment results treatment and supervision needs, attainment of treatment plan goals, adherence to legally prescribed and authorized medically assisted treatments and other confidential information disseminated to the team shall not be placed in any part of a court file that is open to examination by members of the public. Each team member shall maintain a confidential file for these materials.

A participant's confidential information shall not be obtained from any member of the team to be utilized in other proceedings, civil or criminal, involving the participant or with regard to another person, unless the participant has given voluntary and express written consent for the redisclosure of the confidential information.

When a participant is referred and found to be ineligible to enroll in the Mental Health Recovery Court or if a participant is discharged from Mental Health Recovery Court, the prosecutor shall

delete or destroy the participant's confidential information that was disseminated in conjunction with the person's referral to or participation in the Mental Health Recovery Court.

At the request of the participant or his or her counsel, the Mental Health Court Judge may issue a protective order insuring the confidentiality of any records or communications provided to any PSC team member.

Mental Health Recovery Court Phases

Mental Health Recovery Court is a minimum of 15 months divided into three phases. A participant must successfully complete each phase before transitioning to the next phase. Each phase has a key concept or focus.

Phase 1 - Treatment and Recovery (minimum 3 months)

- Report to Mental Health Recovery Court every Wednesday unless otherwise instructed
- Comply with all referrals, assessments and current clinical treatment plan requirements
- Meet with the Mental Health Recovery Court Probation Officer at minimum once per week, comply with probation supervision including verification of residence and signing of releases of information to contacts upon request.
- Develop an individualized case management plan based on identified participant strengths and needs.
- Contact with the Sangamon County Probation and Court Services Behavioral Health Specialist as directed
- Submit to random urinalysis as determined by the Mental Health Recovery Court Team, remain drug and alcohol free
- Community support meetings as directed
- 60 days sanction free for consideration for phase advancement

Phase One Advancement

The Mental Health Recovery Court team may approve participants advancing to Phase 2 with evidence of the following: substantial compliance with Phase 1 requirements for a sustained period of time, regular attendance at the treatment provider, regular attendance at probation, sobriety time of 14 consecutive days and honesty with the Recovery Court team.

Phase 2 - Life Skills/Stability and Responsibility to Self (minimum 6 months)

- Report to Court two times per month or as directed (usually the 1st and 3rd Wednesday of each month)
- Comply with all referrals, assessments and current clinical treatment plan requirements
- Meet with Probation as directed, comply with probation supervision, including verification of residence and the signing of releases of information to contacts upon request
- Review and update the individualized case management plan based on identified participant strengths, needs and progress.
- Contact with the Sangamon County Probation and Court Services Mental Health Counselor as directed
- Submit to random urinalysis as determined by the Mental Health Recovery Court Team, remain drug and alcohol free
- Community support meetings as directed
- Complete cognitive behavioral group as directed (i.e. Thinking for a Change/MRT/Something For Nothing)
- If appropriate participants will be employed, seeking employment, be involved in job training or attending school
- 60 days sanction free for consideration for phase advancement

Phase Two Advancement

The Mental Health Recovery Court team may approve participants advancing to Phase 3 with evidence of the following: substantial compliance with Phase 2 requirements for a sustained period of time, regular attendance at the treatment provider, regular attendance at probation, sobriety time of 30 consecutive days and honesty with the Recovery Court team.

Phase 3 - Maintenance of Recovery and Responsibility to Self and Others (minimum 6 months)

- Report to Court once monthly or as directed (usually the first Wednesday of each month)
- Comply with all referrals, assessments and current clinical treatment plan requirements
- Meet with Probation as directed, comply with probation supervision, including verification of residence and the signing of releases of information to contacts upon request
- Review and update the individualized case management plan based on identified participant strengths, needs and progress.
- Contact with the Sangamon County Probation and Court Services Behavioral Specialist as directed
- Submit to random urinalysis as determined by the Mental Health Recovery Court Team, remain drug and alcohol free
- Community support meetings as directed

- If appropriate participants will be employed, seeking employment, be involved in job training or attending school
- Develop a plan for continued recovery and sobriety after graduation
- 60 days sanction free for graduation status consideration
- Complete exit interview with Mental Health Recovery Court team, prior to graduation

Graduation

The Mental Health Recovery Court team may approve participants graduating upon application and evidence of the following: substantial compliance with Phase 3 requirements for a sustained period of time, regular attendance at the treatment provider, regular attendance at probation, evidence of non-criminal thinking through participation in pro-social activities, presentation of a written relapse prevention plan, presentation of a written continuing care plan and honesty with the Mental Health Recovery court team.

Discharge Plan

As a part of Phase 3 participants will work with their treatment provider and/or Sangamon County Probation and Court Services to complete a discharge plan which will be presented to the Recovery Court Team. This discharge plan will define any recommended ongoing services, support group activities or linkages with contact information that may be beneficial toward achieving long lasting success.

Drug Testing

Philosophy: Drug testing is an integral part of the Sangamon County Mental Health Recovery Court program. Drug use can impede your ability to fully engage in treatment and can often interfere with other prescribed medications. Tests are not means to be punitive and are used:

- As a continuous assessment and diagnostic tool;
- To reinforce and validate successful recovery and abstinence;
- As an intervention and discrepancy tool;
- As a deterrent to drug use;
- To monitor progress; and
- To assist in determining risk and revocation decisions

The Probation and Court Services Department shall be the primary tester for the Sangamon County Mental Health Recovery Court.

When submitting a drug test you will complete and sign a “Urinalysis Result, Breath Testing & Medication Record” form indicating the use of any over-the-counter and/or prescription medications you may be taking. You must advise the Recovery Court Team of the use of any controlled substance, over the counter and/or prescription medications.

If you wish to contest the initial rapid drug test results, a lab confirmation can be requested.

Incentives, Sanctions & Therapeutic Adjustments

The Sangamon County Mental Health Recovery Court recognizes the research which indicates that certainty and consistency of rewards and sanctions have the greatest effect on behavior modification. The incentives and sanctions utilized are delivered in a predictable, fair and consistent manner without regard to person's gender, race, nationality, ethnicity, limited English proficiency, disability, socio-economic status or sexual orientation. The Sangamon County Mental Health Recovery Court Team will discuss any rewards, sanctions, and therapeutic adjustments in staffing. The Sangamon County Mental Health Recovery Court Judge will then make all final decisions and impose these accordingly. Once a decision has been made to impose an incentive, sanction or therapeutic adjustment the Mental Health Recovery Court Judge shall advise the participant in open court of the reason for such action and will allow the participant to address the court. Participants shall be given access to counsel and a hearing if a jail sanction is to be imposed. The decision to administer any of these will be for the sole purpose of motivating the participant to comply with the program requirements and move toward successful completion.

Incentives

Please note that incentives are available for outstanding participant behavior and individual success/achievement. The list below should serve only as a reference as it does not represent all instances deemed worthy of an incentive, for example:

- Successful completion of treatment
- Sobriety dates/treatment milestones
- Phase movement
- Securing employment
- Enrolling in education program
- Assisting other participants
- Taking a leadership role in treatment/mentoring of others

Incentives may include, but are not limited to:

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| Praise from Court | Reduction in previously imposed sanctions |
| Tokens of progress | Decrease court appearances |
| Decrease level of supervision | Decreased time in Phase |
| Called first in Court | Bus tokens/passes |
| Recovery books | Coupons for food, gas, etc. |
| Letter of recognition | Certificates |

The team may also develop additional incentives that are unique to the individual.

Sanctions

If you do not do what is required by the Mental Health Recovery Team the Court may impose a sanction. The list below of possible reasons a sanction may be imposed should serve only as a reference as it does not represent all instances in which a sanction may be considered. For example:

- Dishonesty (i.e. forging community support logs)
- Failure to keep probation informed of whereabouts/police involvement
- New conviction
- Failure to Report to Mental Health Recovery Court session (court)
- Unsuccessful discharge from recommended substance abuse treatment
- Failure to cooperate with CBT referral recommendations
- Missed urinalysis

Sanctions may include, but are not limited to the following:

- Increased frequency of drug testing
- Increased frequency to report to probation
- Increased frequency to report to Court
- Public service employment
- Serve period of shock incarceration
- Warrant issued for your arrest
- Periodic imprisonment

The team may also develop additional sanctions that are unique to the individual.

Therapeutic Adjustments

Therapeutic adjustments are not used as a sanction or reward but are instead based on clinical need as recommended by the treatment provider. Therapeutic adjustments are a response to negative behaviors when participants are not responding to the current treatment interventions.

The list below should serve only as a reference as it does not represent all instances in which a therapeutic adjustment may be considered, for example:

- Drug/alcohol use
- Criminal thinking/behaviors
- Ongoing associations with anti-social peers
- Misuse of prescribed medications

Therapeutic adjustments can include the following:

- Increased intensity of treatment
- Increased attendance at community support meetings (i.e. 30 mtgs in 30 days)
- Verification of attendance for community support groups
- Additional treatment services
- Medicated assisted therapy
- Moral Reconation Therapy

Sangamon County Mental Health Recovery Court

Program Outcomes

There are four potential outcomes with Sangamon County Mental Health Recovery Court participation: successful, unsuccessful, neutral and voluntary withdrawal.

Successful completion - To be considered for successful completion you must meet the requirements of all three Phases.

Unsuccessful termination - Your choices and actions determine the success of your Recovery Court participation. If you do not follow the rules of the Recovery Court program, the State's Attorney may file a petition to revoke your Recovery Court participation. **Reasons for termination can include continued failure to follow program rules and expectations including but not limited to, tampering with urine sample, being placed on active warrant status, lack of treatment compliance, habitual dishonesty and/or picking up new offenses while part of the Recovery Court.** If you are terminated from the Recovery Court program, and a petition to revoke is filed the Sangamon County Mental Health Recovery Court Judge shall advise and accord you the rights set forth in Supreme Court Rule 402A, including, but not limited to, the right to counsel and a hearing. At a hearing on a petition to terminate the judge cannot consider any information learned through team staffings, status review hearings or otherwise, unless newly received in evidence at the hearing. The Mental Health Recovery Court Judge should disqualify himself or herself under the circumstances listed in Supreme Court Rule 63C. You will also have the right to move for substitution of the Mental Health Recovery Court Judge pursuant 114-5(d) of the code or Criminal Procedure of 1963 (75 ILCS 5/114-5(d) for purposes of a hearing on a petition to terminate from the Mental Health Recovery Court or to revoke probation.

Neutral termination - This outcome is reserved for individuals who may be prohibited from meeting the criteria for successful completion. Examples of this may be overriding health problems or mental health issues which prevent individuals from meeting the program requirements.

Voluntary Withdrawal - This is a voluntary program. You may stop being a participant in the Sangamon County Mental Health Recovery Court program at any time; however, you will be

sentenced for your underlying charge or probation violation to which you have been admitted. Prior to allowing a voluntary withdrawal the Judge will:

- Ensure the right to counsel
- Determine in open court that the withdrawal is made voluntarily and knowingly: and
- Admonish in open court as to the consequences, actual or potential, which will result from withdrawal.
- Upon withdrawal the case will revert to the Judge who was originally assigned for further proceedings.

Tips on How to Succeed

- Keep all your appointments and make all Court appearances.
- Maintain contact with Sangamon County Mental Health Recovery Court staff
- If you have problems remembering your appointments or your treatment schedule, use a calendar.
- Plan your schedule (work, school and treatment) in advance.
- If you absolutely cannot make an appointment or court appearance, call Sangamon County Mental Health Recovery Court staff prior to your appointment or Court appearance, not after. While this does not excuse you, it may have an impact on how the Judge views your absence. Failure to make a Court appearance may result in a warrant for your arrest.
- Plan ahead. If transportation is a problem, have a backup plan to get where you have to be. Not having transportation is not an adequate excuse.
- Keep all your court paperwork. Do not throw anything away.
- It is a good idea to buy a binder or folder to keep your paperwork organized.
- Remain drug and alcohol free
- Carry a photo ID and driver's license with you at all times.
- Bring your meeting verification sheet with you.

Court Dress Code

It is important to dress appropriately and behave respectfully in Court; expectations for Court attire include the following:

- No tank tops, muscle shirts, crop-tops (shirts must have sleeves)
- No shirts with obscene words or pictures
- No shirts with drug/alcohol related themes
- No sagging pants
- No hats, caps or bandannas
- Cell phones are to be turned off in Court

Additional Recovery Court Information/Contact Numbers

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| Sangamon County Probation and Court Services (Adult Division) | 753-6780 |
| Sangamon County Public Defender's Office | 753-6699 |

Community Support Meeting Resources

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| Alcoholics Anonymous (local meetings) | http://aaspringfield.org/ |
| Cocaine Anonymous (local meetings) | http://illinoisca.org/meetings.asp |
| Narcotics Anonymous (local meetings) | http://www.na.org/MeetingSearch/ |

Community Resources

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| Alcoholics Anonymous | 914 S. 4 th St. | 525-5795 |
| Capitol Community Health Care | 2239 E. Cook St. | 788-2300 |
| Capital Township | 901 S. 11 th St. | 525-1736 |
| Central Counties Health Centers | 2239 E. Cook | 788-2300 |
| Contact Ministries | 1100 E. Adams | 753-3939 |
| Family Guidance Center | 120 N. 11 th St. | 544-9858 |
| Fifth Street Renaissance | 1315 N. 5 th St. | 544-5040 |
| Gambler's Anonymous | | 800-522-4800 |
| Gateway Foundation | 2200 Lake Victoria Dr. | 529-9266 |
| Helping Hands | 1023 E. Washington | 522-0048 |
| IL Dept. Of Employment Security | 1300 S. 9 th St. | 782-3846 |
| IL Dept. Human Svcs (Public Aid) | 100 S. MLK Dr. | 782-0400 |
| Inner City Mission | 714 N. 7 th St. | 525-3940 |
| Goodwill Industries | 1220 Outer Park Dr. | 789-0400 |
| Lawrence Education Center | 101 E. Laurel Ave. | 525-3144 |
| Lincoln Land Community College | 5250 Shepherd Rd. | 800-727-4161 |
| Lutheran Child & Family Services | 431 South Grand Ave. West | 544-4631 |
| Memorial Behavioral Health (Adult Svcs.) | 710 N. 8 th St. | 525-1064 |
| Narcotics Anonymous Help Line | | 800-539-0475 |
| Phoenix Center | 109 E. Lawrence Ave. | 528-5253 |
| Prairie Center Against Sexual Assault | 3 W. Old State Capitol Pl. | 753-8081 |
| Preventing Abusive Relationships (PAR) | 1314 S. 8 th St. | 528-0461 |
| Salvation Army Adult Rehabilitation Ctr. | 221 N. 11 th St. | 528-7573 |
| Sangamon County Community Resources | 2833 South Grand Ave. East | 535-3120 |
| Sangamon County Dept. Of Public Health | 2833 South Grand Ave. East | 535-3100 |
| Social Security Office | 3112 Constitution Dr. | 698-8508 |
| Sojourn Shelter and Services | 1800 Westchester | 726-5100 (office) 726-5200 (hotline) |
| Springfield Urban League | 100 N. 11 th St. | 789-0832 |
| TASC | 630 E. Washington St., 3 rd Fl. | 544-0842 |
| Veteran's Affairs | 1227 S. 9 th St. | 492-4955 |
| Veteran's Clinic | 5850 S. 6 th St., Suite A | 529-5046 |

Handbook Receipt Acknowledgement

I, _____ have been provided a copy of the Sangamon County
Mental Health Recovery Court Participant Handbook.

Probation Officer _____ has explained the contents/purpose of this
Handbook to me.

Participant Signature

Date

Officer Signature

Date

The Sangamon County Mental Health Recovery Court handbook is intended solely for the
personal use and guidance of its participants.

